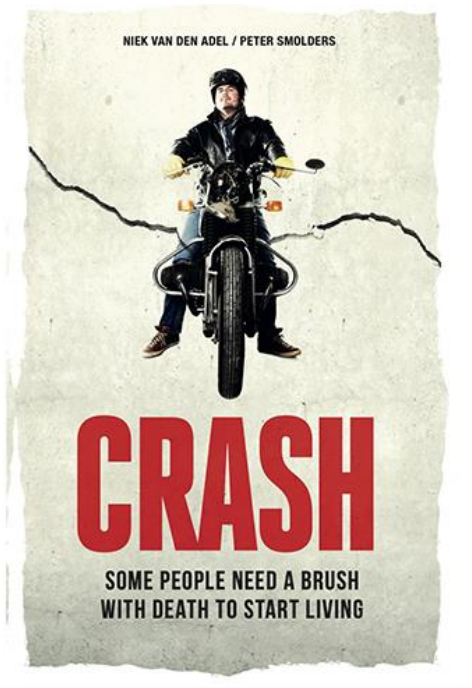


SANTASADŌ

Niek van den Adel & Peter Smolders - Crash

Some people need a brush with death to start living

(AUTO)BIOGRAPHY | BESTSELLERS



This is not another story about someone who gets into a single-vehicle accident and sees the light. This is Niek's story. A story about love, pain, dead sperm, power, a puppy, inclusivity, perseverance, humour and success.

Aged 28, Niek van den Adel takes a nosedive while riding his motorcycle. It causes paraplegia, leaving him paralyzed from the chest down. Plus something extra: he has a syrxinx, a cavity within the spinal cord that continuously threatens the body parts that do still work. According to Niek, paraplegia and a syrxinx are the perfect combination for only the toughest guys. But as long as you can live with it, you'd better do so, he says. And in that case, you'd better do it good.

So five years later, he is married to his occupational therapist, has become dad of twins, has a house being built, delivers speeches to

thousands of people as a coach and motivator, teaches senior-level executives about inclusivity and writes an insanely popular blog. His motto: happiness is not in your legs. Happiness is a choice.

Published in 2017 | Paperback | 280 pages | ca. 80,000 words

- Over 20,000 copies sold
- Full English translation available
- English and Dutch editions published by Growing Stories

ABOUT THE AUTHOR



Niek van den Adel is a popular speaker on leadership, customer focus, inspiration, care, and change for corporate and private events in the Netherlands and abroad. *Crash* was his first book, a remarkable story on love, pain, inactive sperm, power, a puppy, hospitality, perseverance, humor, and success.

RECOMMENDATIONS

'A touching, moving, inspiring story without being the least bit sentimental. Niek is my hero!' – *Men's Health*

'You'll alternate between tears of pity and tears of laughter. It's hard not to cry while reading this book.' – *De Telegraaf*