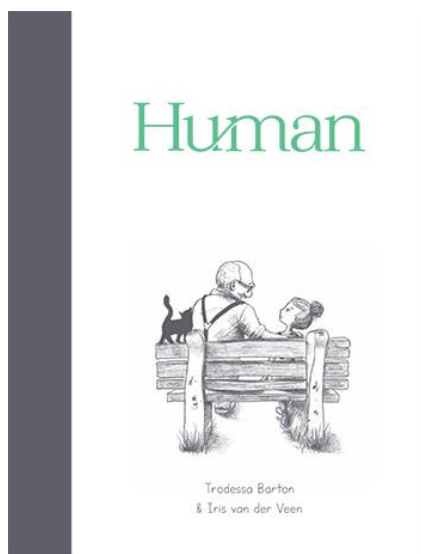


# SANTASADŌ

## Trodessa Barton - Human

With illustrations from Iris van der Veen

GIFT BOOK | PERSONAL DEVELOPMENT



**A wonderful gift book about what it means to be human.**

*'Grandpa, why are we just sitting here?'*

*'Doing nothing is feeling everything. The great-ness in life can be found in the smallest of things.'*

*Human* is a remarkable newcomer in the gift book section. What seems to be a little story about a grandpa and his granddaughter spending a day together, ultimately ends up showing the reader something much bigger: what it means to be human. Sometimes it feels as if we are all obsessed with one word: Happiness. According to most dictionaries, happiness is defined as a state of feeling pleasure. Is a

constant happy feeling necessary for a beautiful life, however? Or is it rather a palette of experiences and emotions that bring color to our own existence? Isn't that what makes us human: feeling light and darkness, pain and joy?

This beautifully illustrated gift book offers joy, comfort, and inspiration to anyone who has experienced the fantastic complexities of life. For every human.

Selected by the Dutch ministry of Health to contribute to their mental health program Mission Mental aimed to make the Netherlands healthy and resilient.

*Human* is a notable newcomer in the series of international bestselling books such as *The Boy*, *The Mole*, *The Fox*, and *The Horse* by Charlie Mackesy and *Big Panda and Tiny Dragon* by James Norbury.

Published in March 2024 | Hardcover | with illustrations | 128 pages | ca. 2,000 words

- Dutch edition published by Growing Stories
- Over 4,000 copies sold
- German rights sold to Groh Verlag
- Full English translation available



## ABOUT THE AUTHOR

Author and inspirational speaker **Trodessa Barton** experienced two near-fatal events: a cancer diagnosis at age thirty-six and meningitis just two years later. Suddenly, death appeared imminent. But it woke her up.

Truly feeling her mortality created a new and exciting adventure. She started interviewing people between the ages of thirty and fifty-five years old who knew they would have to leave this earth sooner rather than later. She was in awe of the amount of wisdom found in a body filled with sickness. Why do most of us not realize the preciousness of life until it's too late?

This adventure led her to write her first book, *Death Makes Sense*, a mirror of all of life's nonsense. Have you ever realized that the end of life can actually tell us amazing stories about all the wonders of our existence?

Trodessa is an inspirational speaker with an ambition to touch the world with her words. As a native English speaker, with an American husband and South African roots, she is well equipped to share her personal and inspiring story.

## READER'S REACTIONS

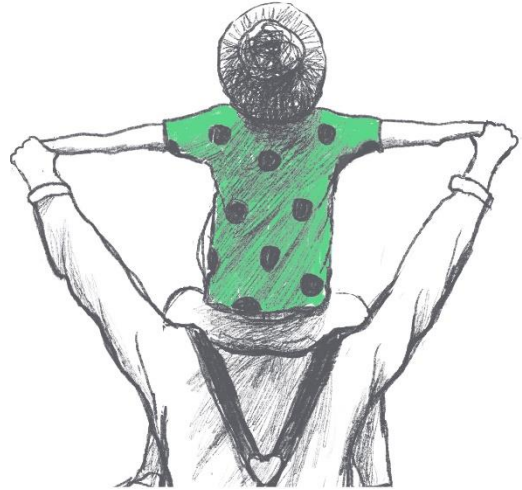
"This book is so dear, so simple, yet so true." – Lian

"Human gave me the words I really needed to hear." – Petra

"Such a sweet and touching story with wonderful illustrations. I couldn't help but shed a few tears." – Karin

"The perfect giftbook filled with hope, strength, and inspiration. It gave me so much food for thought." – Anne



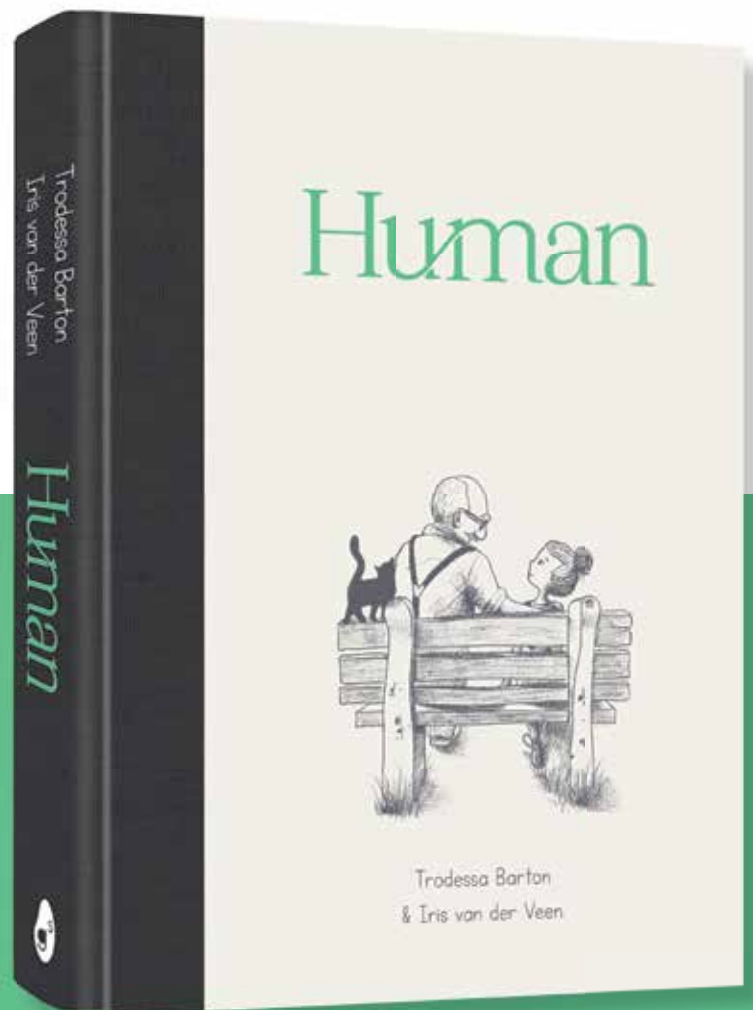






The  
GIFT  
BOOK

of  
the  
year!



HUMAN is a remarkable newcomer in the gift book section. What seems to be a little story about a Grandpa and his granddaughter spending a day together, ultimately ends up showing the reader something much bigger: what it means to be HUMAN. Sometimes it feels as if we are all obsessed with one word: Happiness.

According to most dictionaries, happiness is defined as a state of feeling pleasure. Is a constant happy feeling necessary for a beautiful life, however? Or is it rather a palette of experiences and emotions that bring color to our own existence? Isn't that what makes us HUMAN: feeling light and darkness, pain and joy?

# Human

This beautifully illustrated gift book will bring joy, comfort, and inspiration to anyone who has experienced the fantastic complexities of life.

The Ministry of Public Health and Wellness in the Netherlands has chosen HUMAN as part of their Mental Health Mission: creating an environment where each human being can learn to live a healthy and resilient life.

