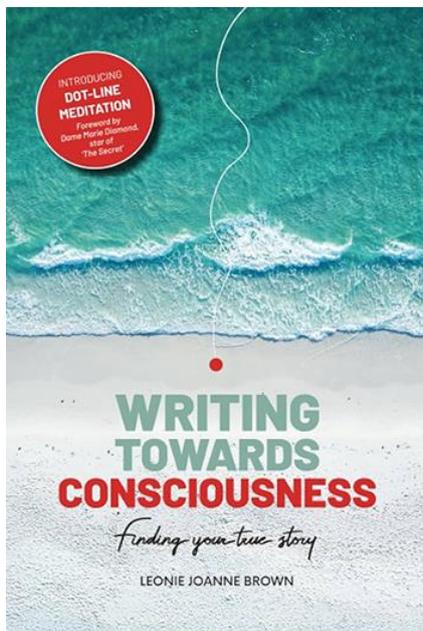


# SANTASADŌ

## Leonie Joanne Brown - Writing Towards Consciousness

Finding Your True Story

LIFESTYLE



**Foreword by Marie Diamond, star of *The Secret***

Who are you really? Why are you here? What's your life's purpose? Writing towards Consciousness takes you on a deeply transforming writing journey to your true self. It's an open invitation to reshape the story of your life.

Embrace the author's voice and guidance to break free from limiting beliefs and patterns, allowing you to create the life you truly desire. If you are longing for depth and connection, then this is for you! Whether or not you are an experienced writer, this book will guide you through a widely tested step-by-step inner process towards a happier, fulfilling, more creative life.

Leonie Joanne Brown is a Transformational Writing Coach and pioneer in her field. As an expert and trainer in Systemic Coaching and Book, Business and Family Constellations, she has helped thousands of individuals to break through their limitations, guiding them towards a more creative and successful life.

She is best known for her Dot-Line Meditation, her self-developed method for introspection and personal growth. She lives and works on the Greek island of Icaria, worldwide known as the island of longevity. When connecting with her, whether it is through picking up this book, through her online programs, or participating in her retreats, it will ignite a process of awakening.

'When you start practicing writing meditation, chances are you'll find yourself in a stream of extraordinary events that you never dreamed possible.' — **Leonie Joanne Brown**

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- Over 5,000 copies sold
- Full English translation available
- Dutch edition published by Altamira/Gottmer



## ABOUT THE AUTHOR

**Leonie Joanne Brown** is a Transformational Writing Coach, bestselling author and pioneer in her field. As an expert and trainer in Systemic Coaching and Book, Business and Family Constellations, she has helped thousands of individuals to break through their limitations, guiding them towards a more creative and successful life.

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## RECOMMENDATIONS

'Beautifully written, very powerful, and healing!' — **Ken Honda**, Happy Money Mentor and Japan's bestselling zen millionaire

'A testament to the transformative power of writing and the human creative spirit.' — **Dame Marie Diamond**, Feng Shui Master, global best-selling author, and star of *The Secret*

'A valuable resource for anyone seeking to live a more conscious and fulfilling life.' — **Yiannis Michael**, healer and speaker, bestselling author of *Repaint Your Life*

'This book is a classic. One of the best books in its genre.' — **Marieke Dijkman**, Lifestyle Publisher for Gottmer Publishing Company

'It's not just a good read. It's a life-changing experience. Joey Brown takes you on endless voyage of discovery and transformation. Means of transport: your own writing.' — **Peter-Jan Vermeij**, book editor

'An authentic and inspiring method. Writing as a compass to guide your own life! Joey Brown shares an authentic and inspiring method to get closer to your inner self. This book gives you instant energy to hit the road with your pen.' — **An Leenders**, Director Creative Writing Organization, Antwerp

'Something wonderful is happening on every page. The most beautiful books are those in which the creator is strongly and intimately intertwined with their text from beginning to end. This is such a book. As a reader, you see something wonderful happening on every page. In every word, you hear the author's voice, in every sentence, there is the freedom to start, and in every paragraph, there is the question to follow her and write yourself. That's very, very clever of Joey Brown.' — **Ann Meskens**, author and philosopher

'This is the Belgian Julia Cameron. Joey offers a feeling of freedom and joy. I just can't stop writing! The writing meditations at the end of every chapter are exactly what I was looking for! Your book makes the incomprehensible understandable, and it offered me surprising insights into some critical issues in my life.' — **Martina**, reader's review

'Getting to know yourself is the challenge. With this book, the author contributes to the experience of connection with our True Self. Its invitation is to awaken in the story we know of ourselves and find the way back to our True Inner Self – through all thoughts, limitations, and beliefs in which we are trapped. Getting to know yourself is the challenge. The book is not just a writing book; it's a spiritual guide toward more awareness, happiness, and creativity.' — **Monique**, reader's review

'Deeply confronting. This is NOT the umpteenth self-help book that tells its readers how to change their lives. It doesn't offer pink glasses or a fake scent of roses concerning the big life themes. On the contrary, it is deeply confronting, and at the same time so very recognizable. It was as if I was standing in front of a large mirror. I was reading my very own story!' — **Eliza**, reader's review

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