

SANTASADŌ

Rozemarijn Dols - Professional Career Coaching, third, revised edition

Practical Guide for Career Questions

BESTSELLERS | HUMAN RESOURCE | PERSONAL DEVELOPMENT



Career coaching is a relatively new business which is very dynamic due to various social and economic developments. The countless educational options for young people, the departure of lifetime employment, shortage of employees, burnout, and keeping your older employees healthy, all these aspects evoke a heartfelt plea for professionalization from the field.

Professional Career Coaching is for everyone that deals with career questions. The revised edition offers an up-to-date overview of the most important theories, methods, and techniques, as well as many practical tips. Career counseling, competence coaching, life coaching, career counseling, and coaching through stress and burnout are the topics discussed. The book gives a wide variety of possible career questions and is an indispensable toolbox for every career coach who is ready to professionalize and immerse

themselves.

This reissue features a new chapter on study and career guidance for students who get lost in the endless list of possible studies and experience information-overload. Due to its practical applicability, the book is used in several career coaching studies.

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- Over 12,000 copies sold
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ABOUT THE AUTHOR

Rozemarijn Dols is an organizational psychologist with her own company and works as a leadership coach for individuals and teams.

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