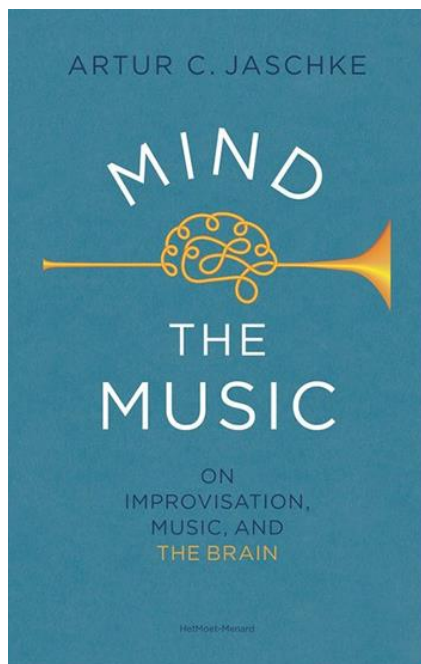


SANTASADŌ

Arthur C. Jaschke - Mind the Music

On Improvisation, Music and the Brain

MUSIC | PSYCHOLOGY



Intuition and improvisation turn out to be critical to understanding our own embodied cognition. We have hunches in a way that computers do not.

Music has a way of minding our brains, and *Mind the Music* explores the effects that it has on our cognition, emotion, and behaviour. As well as into the fabric of our culture, music is woven into the fabric of our humanity —but where does it come from, and how does it help us to learn?

But as technology takes over what were once human tasks, there is a temptation and even tendency to enjoy our creature comforts while neglecting our natural faculties. So how do we re-learn the ability to improvise, to help us find our place in the nexus of human and machine?

Mind the Music is a reminder that it is important to keep your brain active, and an argument for the glory of intuitive choices. It dares you to improvise and dance to the music of the mind.

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- English edition published by Het Moet-Menard
- Dutch edition published by Het Moet

ABOUT THE AUTHOR



Artur Jaschke studied Double-Bass and Drums at Dartington College of Arts in the UK. He holds a PhD in clinical Neuropsychology with the specialisation clinical Neuromusicology from the VU University Amsterdam. Currently he is Reader (Lector) Music-based Therapies and Interventions and in Ecologies of clinical Neuromusicology: creative AI, Music Sciences and Health Care Applications at the department of Music Therapy at ArtEZ University of the Arts in Enschede the Netherlands as well as clinical Research Fellow cognitive neuroscience of music at the

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