

SANTASADŌ

Renate van der Veen - Guidebook Human Recharging Stations

COACHING | COMMUNICATION | HUMAN RESOURCE | TEAMS



Recharging stations for humans! A book about the power of solidarity and how you can organize recharging stations for others and for yourself.

Why are you drained from one meeting and bursting with energy from another? What is the difference between a regular gathering and a memorable convention? An unforgettable party, a wonderful evening with friends, a memorable conversation, or a valuable meeting.

Especially nowadays, when things change fast and we are running from one thing to another—even virtually—, special gatherings are an important source of energy and pleasure. Not just in your private life, but also in your work or at your school. That is why I wrote this guidebook to explore how you give your

gatherings that special quality.

Renate van der Veen is an expert and coach in dialogue, and shares in this book the essential elements for creating energy-giving gatherings. Recharging stations seem to have specific characteristics, often a mixture of being able to completely be yourself and experiencing solidarity at the same time. But how do you achieve this?

Guidebook Human Recharging Stations is a practical guide for organizing better gatherings and meetings.

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ABOUT THE AUTHOR



Renate van der Veen was born and raised in Amsterdam but attended the United World School in Italy in her teenage years. This school, based upon the power of diversity, equality, and personal responsibility made a big impression. She studied Law and worked for the City of Amsterdam where she specialized in complex development and transformational projects for individuals, teams, departments, and organizations. Since 2010 she is an independent consultant and coach in dialogue, team management, mediation, focusing, leadership development,

and development management.

Renate van der Veen is a member of the Spirit of the Age partnership which develops cooperation and specializes in dialogue for organizations and networks. Over a thousand people have been trained in this. More recently Renate has started to coach gifted adults.

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