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# Ido van der Waal & Noks Nauta - I Know I'm Right

Conflicts of gifted children and conflicts with gifted children; theory and practice for teachers, parents, and counselors

COMMUNICATION | PERSONAL DEVELOPMENT



What do giftedness in children and conflict have to do with each other? Differences of opinion and conflict are part of our daily lives from an early age. As children, we already argue with our parents, siblings, friends and teachers. There are different ways to deal with disagreements and arguments. This can have many consequences and be life defining. Escalated disagreements become conflicts and lead to sometimes years of separation and behavior modification resulting in grief and damage.

Many factors determine how conflicts are handled, such as culture, age, gender, etc., but also how we think. The gifted think quickly and complexly. Our practical experience and information from research shows that the gifted (more than average) are strongly guided in their opinion formed by their value system. This regularly exceeds their own interests.

For example, when perceiving injustice, gifted children can make choices that are even a threat to their own safety or an obstacle to their own education. An example of this is taking the side of the underdog in an argument with classmates or a serious disagreement with a teacher about lesson content. Because of this way of thinking and dealing with disagreements, there are many moments that can lead to clashes.

This book aims to create more awareness of the positive meaning of disagreements but also of the consequences of often unnecessarily escalated conflicts. And the book offers ways to learn from these situations and to prevent escalation and damage. The way gifted people handle conflict can be life defining at an early age. The book provides several examples of situations where things have gone wrong or are at risk of going wrong. The authors outline various scenarios and indicate what parents and teachers of gifted children can do to come out of it on a positive note. It's about recognizing the behavior of others, becoming aware of one's own behavior and how this can be turned into an instructive dialogue. There are also tools to prevent situations from getting out of hand.

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# **ABOUT THE AUTHORS**



**Ido van der Waal** is a mediator, an expert in conflicts and in conflict resolution, and former chair of the Association of Labor Mediators in The Netherlands (Vereniging Arbeidsmediators Nederland, VAN). He has mediated in hundreds of workplace conflicts, and has many years of experience in advising and coaching of gifted adults in conflicts and mediating in these conflicts. Ido has an innovative view on conflicts that goes beyond resolving

them. He publishes and presents on labor conflicts and on conflicts of the gifted, and is currently active in conflict innovation.

**Dr. Noks Nauta** is an M.D. and psychologist, Ph.D., specializing in gifted adults. She has authored many articles and books, like *Gifted Adults; Hitting the target* (BigBusiness Publishers, 2016). She is the co-founder and honorary board member of the Gifted Adults Foundation in the Netherlands (www.IHBV.nl) and a regular speaker at national and international conferences.

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